

# PROGRAMMA 2020

## FINE SETTIMANA

CENTRO SPORTIVO L'ARCO



DATE 2020	18-gen	25-gen	01-feb	08-feb	15-feb	22-feb	29-feb	07-mar	14-mar	21-mar	22-mar
	Evolution Yoga	Hatha Yoga	Evolution Yoga	Hatha Yoga	Evolution Yoga	Evolution Yoga	Workshop Yoga del suono con Amanda	Hatha Yoga	Evolution Yoga	QI GONG della salute	QI GONG della salute

DATE 2020	28-mar	04-apr	11-apr	18-apr	02-mag	09-mag	16-mag	23-mag	30-mag	06-giu	
	Evolution Yoga	Hatha Yoga		Evolution Yoga		Evolution Yoga	Hatha Yoga		Evolution Yoga	Evolution Yoga	

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